

What if ?

What if partner dance training in school could reverse the ominous trends in youth obesity and diabetes?

What if – while learning to dance together – boys & girls learned to understand the opposite gender at an early age and to respect each other?

Professional dancers **Sam & Denise Miller** are advocates of **K-12 dance instruction** – a daily dance class in every American school – as a **foundation** for

- **physical skills** to support **life-time fitness** and
- **interpersonal skills** for healthy, **successful adult relationships**

World Champions **Sam & Denise Miller** tour the U.S. year-round – teaching dance workshops and judging in regional and national dance competitions.

At each stop **Sam & Denise Miller** visit at least one high school to offer their Master Class in lead & follow, partner dancing. The Miller's purpose:

- to showcase the fun that a couple can have in ballroom, country and Latin partner dancing
- to promote partner dance as a skill with life-time benefits and rewards
- to participate in a two-way Q & A with the students, answering questions and asking questions, too

Sam & Denise make several points at each High School appearance.

- that dancing is easy ... when you know how and the know-how is acquired through coaching and practice, like learning to hit a free-throw or kick a field goal ... "it's only a matter of floor-time!"
- that dancing is good for a life-time ... a skill useful long after the school sports of dribbling and passing are only a memory
- that dancing is the fun way to get the RDA of 10,000 steps daily for physical fitness
- that a dancer is never without company ... the opposite sex always gravitates to a good dancer!

Prior to the **Miller's Master Class** appearance, the students are urged to screen the 2005 documentary film – *Mad Hot Ballroom* – about 11-year-olds in New York City who learn partner dancing to compete in a city-wide dance contest. In addition to the dance sequences, the middle-school students talk about their satisfaction in achieving dance skills. They also share their pleasure at developing friendships with the opposite gender, at learning to understand the opposite gender.

Sam & Denise Miller are [like the *Blues Brothers* in the Ackroyd-Belushi movie] on a "mission from God" ...this time "to spread the gospel of partner dancing."

